

A black and white portrait of a middle-aged man with grey hair, a beard, and glasses, wearing a suit and tie. He is smiling slightly and looking towards the camera. The image is partially obscured by a white diagonal shape on the right side.

Advanced Leadership Programme (Morning Edition)



8:00 AM - 2:00 PM
Followed by Lunch

Leadership Skills

Advanced Leadership Programme

Raise your self-awareness, coach employees confidently & become an inspiring and motivational leader

Highlights

- Receive 1-to-1 coaching during the programme to identify your personal leadership strengths and your development areas
- Build your own Leadership brand and define your future learning and development plan after the programme

Key Competences

- Self-awareness as a leader
- Emotional intelligence
- Providing feedback
- Decision-making as a leader
- Balancing work and life
- Working in partnership

The Right Programme for You

You are a manager of managers with 3+ years experience at this level. You want to learn how to face new executive management challenges and build your own Leadership Brand.

Senior Managers



Learn, Practice and Use

- **Increase** your own self-awareness as a leader today
- **Measure** your impact on others and their morale
- **Give** and receive feedback on an executive level
- **Lead** and adapt to change in a complex world
- **Handle** pressure and challenging situations with ease
- **Coach** others managers and senior professionals
- **Adjust** and enhance your 'work-life balance' using a Mind-Body-Spirit technique
- **Work** collectively to achieve results for the organization
- **Build** your own leadership approach with help from a personal coach 1-to-1
- **Take** away a concise development plan for your future role
- **Share** your knowledge and challenges with your peers and MCE's highly experienced faculty

Practical Information

Face-to-Face



5 days
€5,495

PMI Certified

The programme is certified by the Project Management Institute® (PMI).
More information at mce.eu/pmi

Available In-Company

The programme is available as an In-Company solution for your teams.
More information at mce.eu/inco

mce.eu/leadership for dates, locations and full programme outline

Programme Modules

1

Debriefing, Feedback and Professional Coaching

- Intensive and ongoing feedback from faculty and peers to better understand your current style
- Identify where to improve... and also 1-on-1 coaching from professional coaches.

2

Leadership and why it matters

3

MCE Leadership Model

- MCE Leadership Model - including Body-Mind-Spirit (BMS).
- You will go through a leadership exercise that will help you gain awareness of the close connection between these three dimension

4

Self-assessments

- Self-assessments to assess yourself and your leadership impact: Leadership 360°, MSQ and FIRO-B.

5

Introduction and objectives of the FTD Model

- Feel, Think, Do – helping you to reflect and journal your experience and learning journey.

6

Practical Application of the Leadership Model

- The whole group will put the learnings into practice through group exercises, role plays, and a team building evening exercise

7

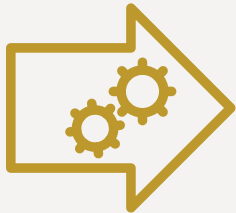
Building my Leadership Brand

- You will complete your learning journal and development plan that you will implement back in the workplace.



Learn

the key business skills and knowledge you need for your management role today and tomorrow



Practice

the skills you learn and get feedback, recommendations and coaching



Use

what you learn and practise as soon as you get back to your office

For more information please contact:



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Visit mce.eu

