

# Leading with Emotional Intelligence

Ignite commitment and help your employees reach  
their greatest potential





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Being a manager of a multicultural, multifunctional team with different personality types and levels of experience can be very challenging in our complex business environment. How do you manage and control your own emotions and your interactions with others in a more “mindful”, more positive way to motivate and retain your best talent? How do you build self-awareness and self-control to ensure everyone act and react towards common goals and objectives?

Why does emotional intelligence (EI) matter? Because at the core of every outstanding leader are the abilities to **connect, achieve, inspire and act with resilience**. Now you can learn to apply the best practices of an emotionally intelligent leader and give yourself a winning edge. EI helps you create and sustain unique opportunities and more impactful relationships.

This programme uses an integrated competency approach to help you develop this crucial skill. You'll get hands-on opportunities to practice and apply methods for consistently using EI as a leader. Attend this programme and learn how to influence and motivate your organization's workforce to new heights of achievement.

## Who should attend?

Mid-Level managers and leaders with 5 or more years' experience who need to create a healthy, productive workplace and organizational culture by enhancing their overall effectiveness through Emotional Intelligence.

The programme is delivered in English. Participants must have a good level of spoken business English to be actively involved in all aspects of the programme.

“Before you are a leader, success is all about growing yourself. When you become a leader, success is all about growing others.”

*Jack Welch*



# How you will benefit

## How will you benefit?

After taking this programme, you will be able to:

- Lead powerfully with presence and impact
- Gain valuable emotional insights and awareness to inspire and maintain productive relationships
- Manage and adapt emotional behaviors that expand your sphere of credibility and influence
- Utilize empathy to promote strong relationships
- Apply collaborative, inclusive and creative communication practices
- Harness emotionally intelligent motivational skills to achieve team results
- **Network and learn from a diverse group of peers from different functions, industries and countries**
- **Develop a personal action plan to implement back at work**
- **Learn and practice using real-world examples and role plays over 3 interactive days**

## Why is this programme different?

- Every year, over 60 business people from 20 different countries join this programme and over 95% recommend it to their colleagues.
- This programme is about you! You will get intensive feedback from your faculty and a multi-cultural group of participants.
- The programme is facilitated by an experienced senior manager who knows what it is like to work in an international business environment and how to leverage diversity to the team's advantage.
- You will bring your own people management challenges and these will be addressed in the programme with solutions and input from the whole group.
- You will leave the programme with a concrete action plan to ensure you are implementing the learnings back at work and become a successful manager.

“Really enjoyed the seminar and found it easy to relate to my current work situation. Many of the ideas and topics discussed will apply to my every day working environment and I’m excited to get started!”

*Lisa R*

# What will you learn and practise?

This 3 day programme is highly interactive with exercises and role plays.

## Programme Highlights:

- Integrating EI and leadership competencies
- Applying emotionally intelligent speaking and listening skills to leadership
- Identifying the role of EI in 21st-century leaders
- Achieving emotionally intelligent personal influence
- Assessing your personal credibility quotient to authentically influence others
- Applying empathy as a powerful influencing strategy when coaching
- Creating an emotionally intelligent inspiration plan
- Encouraging emotionally intelligent collaboration practices
- Managing change and resistance with EI
- Identifying communication skills leaders can use to move past colleagues' resistance
- Attaining healthy conflict with EI
- Identifying emotionally intelligent leadership communication strategies
- Using emotionally intelligent mindfulness practices when team members experience stress
- Synthesizing emotionally intelligent competencies to address complex leadership challenges and opportunities

## Booking details

 <b>Duration</b>	<b>3 Days</b>
 <b>Type</b>	<b>Classroom</b>
 <b>Price</b>	<b>€3450</b>



**ALSO AVAILABLE AS AN  
IN-COMPANY PROGRAMME**

## Register Now

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